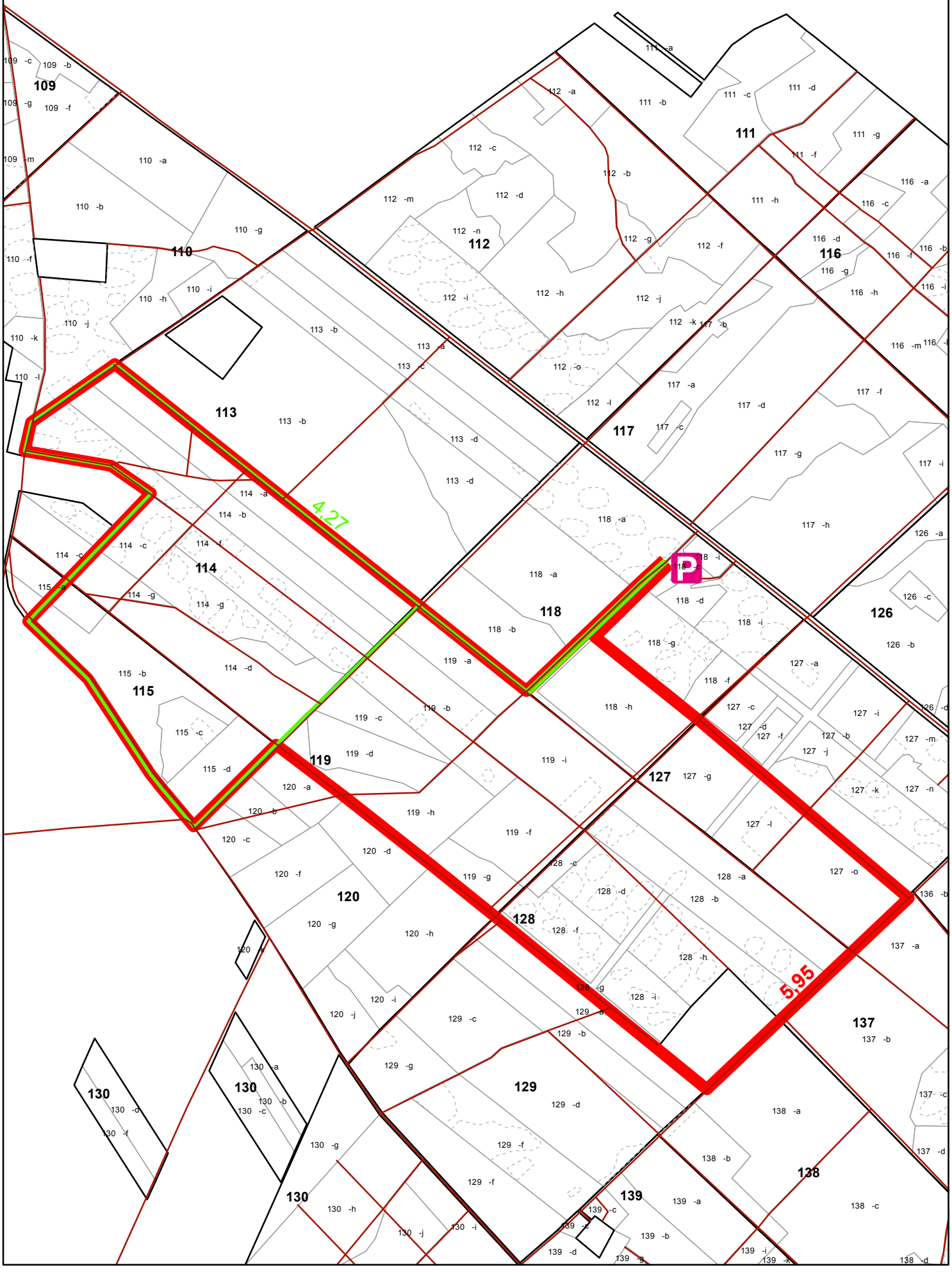Przebieg trasy biegowej